Twist On Angell

Gluten-Free Menu

Appetizers

Clams Zuppa $10

*Choice of Red or White Sauce, finished with fresh Basil

Pan-Seared "Buffalo" Chicken Tenders $7

*Served with Carrot & Celery Sticks and Blue-Cheese Dip

Hummus Platter $6

*Homemade Chick-Pea Spread Served with Celery & Carrot Sticks, Cucumbers, Feta Cheese, and Pepperocinis

Salads

Grilled Hearts of Romaine $7

Lightly Grilled Romaine Hearts Finished with Red Wine Vinaigrette, Soy Nuts, Goat Cheese, Roasted Tomatoes, & Kalamata Olives

Mixed Greens $6

Baby Field Greens Tossed with Balsamic Vinaigrette, Cucumbers, Cherry Tomatoes, & Alfalfa Sprouts

Spinach Salad $8

Baby Spinach Tossed with Sweet Onion Vinaigrette, Fresh Mushrooms, Roasted Red Peppers, & Sunflower Kernels

Sides

*Garlic Mashed Potatoes $3 *Candied Sweet Potatoes $3 *Side Salad $3
*House Vegetable $3 *Sautéed Spinach $3 *Creamy Tomato Risotto $4

Gluten-Free Pizzas

Small $9 Large$14

Create Your Own & Choose From Our Many Gluten-Free Toppings:

Cheeses: Mozzarella, Fresh Mozzarella, Cheddar Jack, Goat Cheese, Feta

Sauces: Pomodoro, Roasted Garlic Puree, Olive Pesto, Sundried Tomato Pesto, Mashed Potatoes

Toppings: Grilled Chicken, Italian Chicken Sausage, Grilled Shrimp(**add $1 sm. $2 lg.**) Caramelized Onions, Mushrooms, Spinach, Tomatoes, Asparagus, Roasted Red or Yellow Peppers, Fresh Basil

Entrees

Pomodoro Fresca $12

Sautéed Fresh Tomatoes, Garlic, Basil, EVOO, & Homemade Mozzarella Tossed with Rice Noodles

Add Chicken-$3 Shrimp-$4 Steak-$5

Pink Vodka Cream $13

Tossed with Rice Noodles

Add Chicken-$3 Shrimp-$4 Steak-$5

Lemon Pepper Shrimp $20

Sautéed Jumbo Shrimp over Rice Noodles tossed with a Lemon Pepper Butter sauce with Caper Berries, Roasted Yellow and Red Peppers, Spinach, and Cherry Tomatoes

Lemon Caper Cod $17

Baked Cod with a Lemon-Caper Sauce over Garlic Mashed Potatoes & Asparagus

Curried Chicken $15

Pan seared Chicken Breast in a Mild Coconut Curry Sauce with Carrots, Onions, Cherry Tomatoes, and Peas over Rice Noodles, garnished with a Cucumber Mint Salad

Pork Tenderloin $16

Grilled Pork Tenderloin drizzled with a Port Wine Reduction, served with Mashed Potatoes, and Grilled Asparagus

****Ask Your Server About Gluten-Free Dessert Options****