

The grille on main

Gluten Free Menu

Appetizers

Steamed Edamami
Basket 4

Lightly salted

Buffalo Wings 7

Spicy buffalo or
barbeque

+celery Sticks

+carrot sticks

+ranch dip

Sautéed calamari

Arrabiata 8

White wine reduction

+fresh tomatoes

+scallions

+black olives

+hot pepper rings

Roasted Garlic

Hummus 7

Creamy chick pea dip

+crisp carrot sticks

+crisp celery sticks

Chili Rubbed Ahi
Tuna 9

Mango ketchup

+jicama-cilantro slaw

+crisp yucca chips

Steamed Native

Littleneck Clams 9

Garlic-white wine broth

+basil pesto

+roasted grape

tomatoes

Salads

Caesar Salad 6

Crisp romaine lettuce

+caesar dressing

+Romano cheese

With Chicken 9

With Shrimp 10

With Steak 10

Garden Salad 5

Mixed greens

+grape tomatoes

+cucumbers

+julienne vegetables

+alfalfa sprouts

Spicy Vietnamese Shrimp Salad 12

Crisp lettuce wrappers

+mung bean sprouts

+glass noodles

+edamami

+roasted peanuts

+mint & basil

+lime-rice wine vinegar dressing

*Grilled Sirloin Steak Salad 11

Mixed greens

+charred bell peppers

+shiitake mushrooms

+caramelized onions

+artichoke hearts

+goat cheese

+balsamic vinaigrette

Buffalo Chicken Salad 9

Grilled chicken

+spicy pepper sauce

+mixed greens

+grape tomatoes

+cucumber

+black olives

+cheddar jack cheese

+ranch dressing

Spinach Salad 8

Sliced apples

+dried cherries

+caramelized onions

+Belgian endive

+goat cheese

+candied pecans

+apple cider vinaigrette

+fried leeks

+port wine reduction

Entrees

Shrimp & Chicken Stir Fry 15

Ginger wokked vegetables

+coconut-hoisin sauce

+crispy bean sprouts

+edamami

+jasmine rice

Pesto Chicken 16

Grilled chicken

+garlic mashed potatoes

+roasted grape tomatoes

+artichoke Hearts

+basil pesto olive oil

+toasted pine nuts

+shaved parmesan

+white truffle oil

Apple wood Smoked Bacon
Wrapped
Beef Tenderloin Au Poivre \$22

Peppercorn crust
+cognac cream sauce
+house vegetables
+rosemary roasted potato trio

The Grill's Rack of BBQ Ribs 16

Full rack of tender ribs
+tangy BBQ sauce
+roasted garlic mashed potatoes
+coleslaw

Mixed Grille 16

1/3 rack of BBQ ribs
+grilled chicken skewers
+skewered shrimp
+tangy BBQ
+roasted garlic smashed potatoes

Gluten Free Pizza \$16

Please ask your servers for our
available selections

*Chinese Five Spice Grilled
Ahi Tuna 16

Wasabi smashed potatoes
+spicy citrus-hoisen glaze
+steamed baby bok choy
+crisp mung bean sprout
+fiery red pepper paint

*NY Sirloin 18

14 ounce sirloin
+mashed potatoes
+steamed broccoli crowns
+roasted garlic butter

Baked Cod 15

+rosemary roasted potato trio
+house vegetables
+roasted garlic butter
+fresh lemon

Carolina Grilled Chicken 14

Grilled mesquite spiced chicken breast
+honey dijon sauce
+apple wood smoked bacon
+smithfield ham
+melted monterey cheddar jack cheese
+house smashed potatoes
+grilled asparagus

